

ACADEMIC JOURNAL OF PSYCHOLOGY AND COUNSELING

Published by:

Fakultas Ushuluddin dan Dakwah, Universitas Islam Negeri Raden Mas Said
Surakarta, Central Java, Indonesia, in collaborate with Himpunan Psikologi Indonesia
(HIMPSI) and Perkumpulan Ahli Bimbingan dan Konseling Islam (PABKI).

Address:

Fakultas Ushuluddin dan Dakwah UIN Raden Mas Said Surakarta
Jalan Pandawa No. 1, Pucangan, Kartasura, Sukoharjo
Central Java, Indonesia - Postal Code 57168
Email: jurnal.ajpc@gmail.com
Website: <https://ejournal.uinsaid.ac.id/index.php/ajpc/index>

ACADEMIC JOURNAL OF PSYCHOLOGY AND COUNSELING

EDITORIAL TEAM

Editor In Chief

- [Ahmad Saifuddin](#) ([Scopus](#), [Google Scholar](#), [Sinta ID](#), [Orcid ID](#)), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia

Managing Editor

- [Sefa Bulut](#) ([Scopus](#), [Google Scholar](#), [Orcid ID](#), [Researchgate](#)), Department of Counseling Psychology & Head of Student Counseling Center, İbn Haldun Üniversitesi, Istanbul, Turkey

International Advisory Editorial Board

- [İmran Aslan](#) ([Scopus](#), [Google Scholar](#), [Researchgate](#)), Bingöl Üniversitesi, Bingöl, Turkey
- [Sayed Ahmad Elwakeel](#) ([Scopus](#), [Orcid ID](#), [Researchgate](#)), Department of Psychology, Fayoum University, Egypt
- [Maha Al-Hendawi](#) ([Scopus](#), [Orcid ID](#), [Researchgate](#), [Google Scholar](#)), Department of Psychological Sciences, College of Education, Qatar University, Doha, Qatar
- [Melanie J. Cain](#) ([Scopus](#), [Orcid](#)), University of Colorado Anschutz Medical Campus, Aurora, United States
- [Amelia Rizzo](#) ([Scopus](#), [Google Scholar](#), [Orcid ID](#)), Department of Clinical and Experimental Medicine and Department of Cognitive, Pedagogical and Psychological Sciences and Cultural Studies, University of Messina, Italy
- [Kemale Salmanova](#) ([Scopus](#)), Department of Psychology, Sumgayit State University, Sumgayit, Azerbaijan
- [Gilbert S. Arrieta](#) ([Scopus](#), [Researchgate](#)), College of Graduate Studies and Teacher Education Research Philippine Normal University, Philippines
- [Inero Valbuena Ancho](#) ([Scopus](#), [Google Scholar](#), [Researchgate](#)), College of Human Ecology, University of the Philippines Los Banos, Los Banos, Philippines
- [Solmaz Bulut](#) ([Scopus](#), [WoS Researcher](#), [Orcid ID](#), [Researchgate](#)), Counseling and Recovery Services of Oklahoma, Oklahoma, United States
- [Wan Shahrazad Wan Sulaiman](#) ([Scopus](#), [Google Scholar](#), [Orcid ID](#)), Centre for Research in Psychology and Human Well-Being, Faculty of Social Sciences and Humanities, Universiti Kebangsaan Malaysia, Bangi, Malaysia
- [Fnu Deepti](#) ([Scopus](#), [Researchgate](#)), School of Medicine, University of Louisville, Louisville, United States
- [Félix Arbinaga Ibarzábal](#) ([Scopus](#), [Google Scholar](#), [Orcid ID](#), [Researchgate](#)), Departamento de Psicología Clínica y Experimental, Facultad de Educación, Psicología y Ciencias del Deporte, Universidad de Huelva, Spain
- [Elliott Nkoma](#) ([Scopus](#), [Researchgate](#)), Department of Psychology, Great Zimbabwe University, Zimbabwe
- [İbrahim Aref Kira](#) ([Scopus](#), [Researchgate](#)), Center for Cumulative Trauma Studies, Stone Mountain, United States

- Diane Montgomery (Scopus, Researchgate), Educational Psychology, College of Education & Human Sciences, Oklahoma State University, United States
- Maximus Monaheng Sefotho (Scopus, Orcid ID, Google Scholar), Department of Educational Psychology, University of Johannesburg & University of South Africa, South Africa

Editors

- Akhmad Liana Amrul Haq (Scopus, Google Scholar, Sinta ID), Universitas Muhammadiyah Magelang, Indonesia
- Muthmainnah Muthmainnah (Scopus, Google Scholar, Sinta ID), Universitas Negeri Yogyakarta, Indonesia
- Athia Tamyizatun Nisa (Google Scholar), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia
- Alfin Miftahul Khairi (Scopus, Google Scholar, Orcid ID, Sinta ID), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia
- Ayatullah Kutub Hardew (Google Scholar), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia
- Agit Purwo Hartanto (Google Scholar), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia

English Language Advisor

- Primadhani Setyaning Galih, Origin Hope Media Group, Indonesia

Reviewers

- Marcus Stück (Scopus, Researchgate, Orcid), Institute of Psychology, DPFA Academy of Work and Health, Leipzig, Germany
- Salwa Al Majali (Scopus, Google Scholar, Researchgate, Orcid ID), Humanities and Social Sciences, Al Ain University, United Arab Emirates
- Hafte Teklay Gebru (Scopus), Aksum University, Aksum, Ethiopia
- Sergii Boltivets (Scopus, Orcid, Researchgate), Department of Scientific Support of Social Formation of Youth, Mykhailo Drahomanov University, Ukraine
- Presentación A. Caballero-García (Scopus, Google Scholar, Researchgate), Faculty of Education and Health, Universidad Camilo José Cela, Madrid, Spain
- João Lucas Dias-Viana (Scopus, Google Scholar, Researchgate), Universidade Sao Francisco, Itatiba, Brazil
- Ajeng Nova Dumpratiwi (Scopus, Google Scholar, Sinta ID), National Yang Ming Chiao Tung University, Taiwan
- Aprezo Pardodi Maba (Scopus, Google Scholar, Sinta ID), The University of Queensland, Australia
- Siti Hajar Binti Mohamad Yusoff (Google Scholar, Researchgate), Universiti Sultan Zainal Abidin, Terengganu, Malaysia
- Seger Handoyo (Scopus, Google Scholar, Sinta ID), Pengurus Pusat Himpunan Psikologi Indonesia
- Aep Kusnawan (Scopus, Google Scholar, Sinta ID), Perkumpulan Ahli Bimbingan Dan Konseling Islam
- Galang Lufityanto (Scopus, Google Scholar, Orcid, Sinta ID), Faculty of Psychology, Universitas Gadjah Mada, Yogyakarta, Indonesia

- Nurussakinah Daulay (Scopus, Google Scholar, Orcid, Sinta ID), Universitas Islam Negeri Sumatera Utara Medan, Indonesia
- Erika Setyanti Kusumaputri (Scopus, Google Scholar, Orcid, Sinta ID), Universitas Islam Negeri Sunan Kalijaga Yogyakarta, Indonesia
- Moordiningsih (Scopus, Google Scholar, Sinta ID), Universitas Mercu Buana Yogyakarta, Indonesia
- Nisa Rachmah Nur Anganthi (Scopus, Google Scholar, Sinta ID) Universitas Muhammadiyah Surakarta, Indonesia
- Mulawarman (Scopus, Google Scholar, Orcid ID, Sinta ID), Universitas Negeri Semarang, Indonesia
- Raden Rachmy Diana (Scopus, Google Scholar, Sinta ID), Universitas Islam Negeri Sunan Kalijaga Yogyakarta, Indonesia
- Muhammad Abdan Shadiqi (Scopus, Google Scholar, Sinta ID), Universitas Lambung Mangkurat, Indonesia
- Ruseno Arjangga (Scopus, Google Scholar, Orcid, Sinta ID), Universitas Islam Sultan Agung Semarang, Indonesia
- Rahmatika Kurnia Romadhani (Scopus, Google Scholar, Sinta ID), Departemen Psikologi, Fakultas Ilmu Pendidikan dan Psikologi, Universitas Negeri Yogyakarta, Indonesia
- Kartika Sari Dewi (Scopus, Google Scholar, Orcid, Sinta ID), Fakultas Psikologi Universitas Diponegoro Semarang, Indonesia
- Isnanita Noviya Andriyani (Scopus, Google Scholar, Sinta ID), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia
- Aniq Hadiyah Bil Haq (Scopus, Google Scholar, Sinta ID), Universitas Muhammadiyah Kalimantan Timur, Indonesia
- Ma'rifatin Indah Kholili (Scopus, Google Scholar, Sinta ID), Universitas Sebelas Maret, Indonesia
- Sabiqotul Husna (Google Scholar, Sinta ID, Orcid ID), Universitas Islam Negeri Sunan Kalijaga, Indonesia
- Lukman Harahap (Google Scholar), Universitas Islam Negeri Raden Mas Said Surakarta, Indonesia
- Muhammad Fadhli (Google Scholar), Universitas Abdurrab, Indonesia
- Nurul Aiyuda (Google Scholar), Universitas Abdurrab, Indonesia

ACADEMIC JOURNAL OF PSYCHOLOGY AND COUNSELING

TABLE OF CONTENTS

<i>Statement Of Retraction: Emotional Intelligence And Empathy: Predictors Of Counselors' General Health</i>	1 – 2
<i>Work Stress, Sleep Disturbances, And Quality Of Life In Working University Students</i>	3 – 30
Haleema Khatoon, Abeeha Arshad, Muhammad Luqman Khan, Amna Noor, Farwa Mustafa, Arhamna Tahir	
<i>Mental Health Of Lecturers Amid Banditry In Zamfara State: Implications For Counseling And Psychotherapy</i>	31 – 52
Abubakar Sadiq Haruna, Mohammed Lawal Mayanchi	
<i>Sensory Processing Sensitivity In Adults With And Without Tension-Type Headache: Moderating Role Of Pain Catastrophizing</i>	53 – 80
Yasmeen Zahra, Nazia Iqbal	
<i>Prevalence And Associated Factors Of Burnout At Bule Hora University In Southeast Ethiopia</i>	81 – 102
Ayichluhim Alemishet	
<i>Coping Strategy In Adolescent Victims Of The Kanjuruhan Tragedy</i>	103 – 125
A. Afifuddin Ahsan, Agit Purwo Hartanto, Hafidzoh Hafidzoh	
<i>Author Guidelines</i>	

